

## Cheer Express Allstars 2020-2021 Season

### Absence Request Form

Date of Absence\_\_\_\_\_

Reason for Absence\_\_\_\_\_

I, \_\_\_\_\_ am requesting to be absent from practice on the date above. I know that missing practice places complications and difficulties on the whole team. I also understand that an unexcused absence or continual excused absences can result in being placed in an alternate position or removal from the squad.

Clarification on Excused vs Unexcused absences. **Please read prior to filling out form.** This clarification is in the tryout package you signed for the 2020-2021 Season.

**EXCUSED** absences include, but are not limited to:

- Death in the family.
- Severe illness or doctor's note not allowing practice. Parents must call Cheer Express before the scheduled practice.
- Approved religious functions.
- Special circumstances that are approved by Coach Kimberly.

**UNEXCUSED** absences include, but are not limited to:

- Doctor or dentist appointment—unless an emergency. Please schedule appointments so they will not conflict with cheerleading activities.
- Lessons of any kind (piano, dance, etc.)
- Family vacations after the practice schedule has been published, unless pre-approved by Coach Kimberly. This includes school "breaks."
- **School Chorus Concerts, Orchestra or Band.**
- Employment – athletes must work around practice schedules.

Cheerleader Signature: \_\_\_\_\_ Date\_\_\_\_\_

Parent  
Signature\_\_\_\_\_ Date\_\_\_\_\_

Notes (Office use only):